



**SUFFOLK
RAPE CRISIS**

Self-Employed Sessional Counsellor

Job Title:	Self-employed Sessional Counsellor
Reporting to:	Senior Counsellor
Based:	Various locations around Suffolk
Hours:	Minimum of 5 hours/week
Hourly rate:	£27/hr

About Suffolk Rape Crisis

SRC is a specialist, feminist sexual violence service run by and for women. We work to support survivors of sexual violence and to challenge the underlying attitudes that allow Violence Against Women and Girls (VAWG) to continue. SRC provides support to all self-identified women and girls aged 14 and above who have experienced any form of sexual violence, at any point in their lives.

SRC provides a range of person-centred services to meet the needs of diverse women in Suffolk, including counselling, outreach, helpline and online support. SRC also takes part in both local and national feminist activism, including coordinating the annual Ipswich Reclaim the Night March.

Our Vision: A world free from sexual violence and gender inequality

Our Mission: To work as part of a worldwide movement to ensure that women and girls experiencing any form of sexual violence in our community are able to access needs-led, specialist support. At the same time we will challenge the underlying attitudes that allow sexual violence to continue.

Our values:

- Empowerment
- Diversity
- Transparency
- Change

Sessional Counsellor position:

Main tasks are to:

- Support at least five SRC clients each week both in person and online
- Attend own clinical supervision
- Attend supervisory meetings
- Abide by SRC policies and procedures
- Abide by BACP's Ethical Framework for Good Practice in Counselling and Psychotherapy
- Keep clinical records of clients
- Attend relevant training
- Attend bimonthly SRC meeting

What we expect from the counsellor:

- All counsellors must attend and complete two days of specialist training.
- Attendance of bimonthly SRC meetings.
- Attendance of quarterly line-management meetings.
- Attendance of clinical supervision
- Commitment and understanding of the importance of clinical supervision.
- An open and non-judgemental attitude.
- Demonstrable understanding of the necessity for keeping and maintaining confidential records;
- Demonstrable understanding of safeguarding, both in relation to children and to vulnerable adults;
- Reliability
- Counsellors will be working with clients on behalf of SRC and not on a private basis. As such, they will be bound by SRC's processes, policies and procedures.
- Commitment to the feminist ethos of SRC
- Willingness to commit the necessary time to supporting vulnerable clients
- Willingness to work as part of a team to develop the work of the organisation

What the counsellor can expect from us:

- Full training and support will be provided
- Ongoing training opportunities
- The opportunity to gain career progression

PERSON SPECIFICATION

Short-listing and subsequent selection for this post will be determined by the extent to which you meet the requirements detailed in this person specification. You should try to demonstrate on the application form the extent to which you



satisfy each of the points of this specification, where possible in terms of past experience.

Sessional Counsellor

	Essential Criteria	Desirable Criteria
Qualifications	<ul style="list-style-type: none"> • A recognised counselling diploma or degree • To be accredited with BACP/UKCP 	
Experience	<ul style="list-style-type: none"> • To have at least 200 hours of post qualifying experience 	<ul style="list-style-type: none"> • Substantial experience of working within the VAWG sector • Substantial experience of providing counselling to women who have experienced rape and sexual violence and trauma • Experience providing online counselling •
Knowledge	<ul style="list-style-type: none"> • Knowledge of child and vulnerable adult protection procedures • Understanding of ethical issues as defined by BACP/UKCP/ other relevant accredited body 	<ul style="list-style-type: none"> • An understanding of the issues affecting women who have experienced sexual violence • An understanding of the associated support needs of women who have experienced sexual violence • An understanding of working in the voluntary sector
Skills and Attributes	<ul style="list-style-type: none"> • Excellent interpersonal skills 	

	<ul style="list-style-type: none"> • Ability to work as part of a team and be comfortable in a women-only environment • Good IT skills with an ability to use online databases • Excellent timekeeping and organisational skills, and the ability to manage own case load of clients • Ability to keep clear, factual notes for the organisation 	
Values	<ul style="list-style-type: none"> • A commitment to improving the lives of women who have experienced sexual violence • A commitment to working within a feminist ethos • A willingness to participate in in-house training and professional development • An understanding and appreciation of supervision as an opportunity for support, learning and personal development • Clear boundaries around confidential working practices 	
Equal Opportunities	<ul style="list-style-type: none"> • Commitment to equal opportunities and anti-oppressive practice 	

Notes

- 1) This post is subject to the Rehabilitation of Offenders Act (Exceptions Order) 1975. Due to the nature of our work it will be necessary for an enhanced disclosure



to be made to the Disclosure and Barring Service for details of any previous criminal convictions which are not protected under the Act.

- 2) Occupational Requirement under Schedule 9 (part 1) of the Equality Act 2010 applies.

Please send completed application and equality and diversity monitoring forms to a.wilson@srchelp.org.uk by **5pm on Sunday 31st January 2021**.